

Northeast NE Coalition for Suicide Prevention, Region 4 Behavioral Health System proudly presents:

Special Community Events



Kevin Hines and Dr. Sally Spencer Thomas, PhD

Suicide Prevention & Wellness Advocates, Global Speakers, Best Selling Authors & Filmmaker

March 15, 2016

Faith Regional Hospital West Campus 2700 West Norfolk Ave, Norfolk, NE 6871- Nebraska Room

8:00 AM – 12:00 PM

Workshop- Preventing Suicide at Workplace.

1:00 PM -4:30 PM

Workshop- Men's Therapy - Registration fee is \$10.00 for each workshop, please call 402-841-3834 to Register or e-mail donna68701@yahoo.com

7:00-9:00 PM First Baptist Church 404 West Benjamin Avenue, Norfolk, NE 6871- Nebraska Seeing the light at the end of the tunnel/ bridges to healing by Dr. Sally Spencer Thomas. No Registration fee please call 402-841-3834 to Register or e-mail donna68701@yahoo.com. Event targeted to people who experienced the loss of a loved one by suicide

March 16, 2016

8:00-11:00 AM Faith Regional Hospital West Campus 2700 West Norfolk Ave, Norfolk, NE 6871- Nebraska Room Workshop Effective interventions in a situation of crisis, healing after a loss by suicide and how to provide an effective discharged plan. Registration fee is \$10.00, please call 402-841-3834 to Register or e-mail donna68701@yahoo.com. Event Targeted to first responders, clergy and community agencies.

6:30 -8:30 PM Town Hall Event at Norfolk Junior High Auditorium 510 Pasewalk Ave, Norfolk, NE 68701. Kevin Hines will share pieces of his personal story struggling with a mental illness as a teen. Dr. Sally Spencer Thomas will talk about identifying warning signs of depression and mental illness in youth. This is a free event to open to the public

March 17, 2016

10:00 -11:00 AM Northeast Community College –Cox Activity Theater Kevin Hines will share pieces of his personal story involving his suicide attempt and how he became a mental health advocate able to find hope in his life. Free Event and open to the public

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